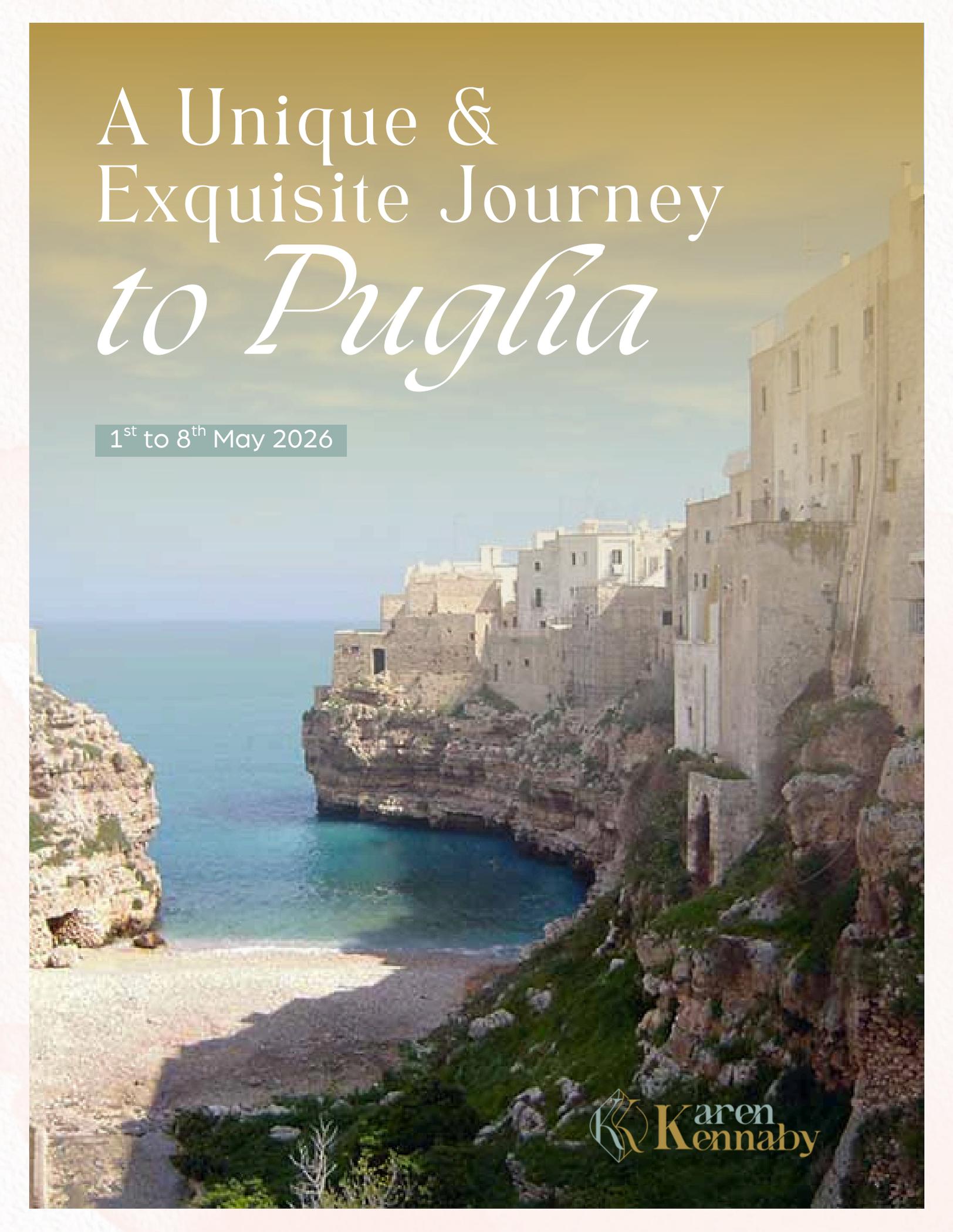


A Unique & Exquisite Journey *to Puglia*

1st to 8th May 2026



 Karen
Kennaby



Last year I visited Puglia in Southern Italy for the first time – somewhere I'd wanted to go for a long time. I loved it. And more than that, it stayed with me.

I came home knowing two things:
that I wanted to return... and that I wanted to share it with you.

Puglia is understated, beautiful, and deeply rooted. It's not showy Italy – it's real, generous, quietly captivating. The iconic trulli are the picture-postcard image that comes to mind, and they really are extraordinary... and there's so much more too.

We'll explore places like the trulli of Alberobello, the white town of Ostuni, the beautiful coastal town of Monopoli, and the Baroque elegance of Lecce.

And of course, we'll also discover hidden gems and lesser-known places along the way.

There'll be time by the sea – sometimes wild, sometimes calm and clear – and yes, we might even swim in 16th-century ruins.

And there will be plenty of good food and excellent local wine. We'll visit an olive farm, enjoy olive oil and wine tastings, perhaps even a cooking class – unique flavours and exquisite experiences.

We'll also spend one night in Matera, staying in a small, unique hotel created from the caves themselves, right within the UNESCO World Heritage site – something really special to experience.

For part of the journey, we'll have a beautiful place as our base, with space to relax, swim, and be together, travelling out from there to explore nearby towns and hidden gems.

This isn't about rushing around or ticking things off.

It's about enjoying Italy at a pace that feels human – with space for conversation, laughter, rest, and those moments that stay with you.



IF THIS IS SPEAKING TO YOU

I'm now shaping the itinerary more fully.

The plan is seven nights in the first week of May, starting on Friday 1st May, with an intimate group of women – no more than eight of us – so it really feels relaxed and personal.

If that timing works for you and you can sense yourself there, just let me know. We can take it from there and see if it feels right.

PRACTICAL DETAILS

The investment for Puglia is £5,000 fully inclusive, from the moment you land in Bari.

By fully inclusive, I mean:

- High-quality accommodation for 7 nights (single occupancy throughout, with one night sharing by design)
- All meals and drinks
- Airport transfers and local travel
- Activities, tastings, and experiences

In short – everything is included, except any souvenirs or gifts you choose to take home.

A £500 deposit reserves your place, and a payment plan is available.

HOW TO JOIN THE JOURNEY

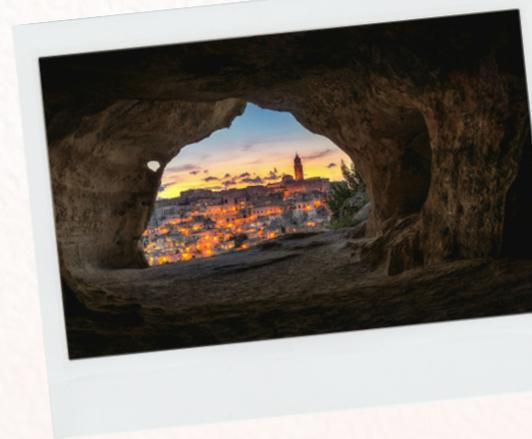
If you feel drawn to this Unique & Exquisite journey and would like to reserve a place, simply get in touch and let me know.

A £500 deposit secures your place. From there, we can confirm the details together and arrange a payment plan if helpful.

You're welcome to reach out in whatever way feels easiest – I'm happy to answer any questions or explore whether this feels like the right fit for you.

With love, light and grace

Karen



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 **Karen
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