

UNIQUE & EXQUISITE HOUSE PARTIES

An intimate retreat in the truest sense of the word

An invitation from Karen Kennaby



Who They Are For

Unique & Exquisite House Parties are for women who value presence, beauty and meaningful connection.

You may be at a crossroads — or simply sensing it's time for something different.

You enjoy good conversation, good food, and being in the company of thoughtful, interesting women.

You don't need fixing.

You're not looking for a programme.

You're drawn to experiences that feel natural, intimate and well held.

These gatherings are small by design. Everyone is known. Everyone belongs.



Why They Exist

These house parties exist to create space.

Space to breathe.

Space to be yourself.

Space for conversation that doesn't skim the surface.

They are retreats — not filled with schedules or self-improvement — but shaped to allow you to soften, settle, and remember who you are when nothing is required.

Often, clarity arrives without effort — not because anything is pushed, but because everything relaxes.

Where They Take Place

Each House Party takes place in a carefully chosen private home — usually in the countryside or a characterful location with a strong sense of place.

Homes are selected for warmth, comfort and atmosphere rather than grandeur.

Some are in the UK, others in Europe. The setting matters — and so does the feeling of being at home quickly.

When They Happen

House Parties usually run over a long weekend, most often from Friday to Monday.

This allows time to arrive gently, settle fully, and leave without rushing.

Dates are limited and intentionally spaced.

This is about creating moments that feel complete, not filling a calendar.

How You'll Feel When You Arrive

Welcomed.

At ease.

Relieved to put your bag down — and yourself down with it.

There's no pressure to perform, contribute or be "on."

You're met as you are, and included naturally.

Conversation flows easily. Silence is comfortable.

You settle more quickly than you expect.

How You'll Feel When You Leave

Grounded.

Clearer.

Quietly nourished.

Often, something subtle has shifted — perspective, confidence, direction.

Nothing dramatic. Nothing forced.

You leave feeling more yourself than when you arrived —

with memories, connections, and a sense of having been gently held.



What Makes These Gatherings Different

Many women are used to travelling for a purpose.

A course.

A retreat with a programme.

A reason to be productive, improved or transformed.

These gatherings are different.

They are retreats — in the truest sense of the word.

A turning inward. A stepping away. A return.

They are not about learning something new or becoming someone else.

They are about coming home — to yourself, to simplicity, to what genuinely nourishes you.

This is not a business trip.

It's not a workshop.

And it's not an experience where you're expected to participate in any particular way.

Joy isn't orchestrated.

It arises — in shared meals, laughter, ease, and moments of unexpected lightness.

Love isn't declared.

It's felt — in the welcome, the care, and the way the group holds one another without effort.

Many women arrive thinking they're simply taking a break.

They leave feeling quietly full — grounded, clearer, and more themselves.

This is a retreat shaped by beauty, care, joy and love —
not as ideas, but as lived experience.

A Sample House Party Flow

Every Unique & Exquisite House Party is shaped by its setting and by the women gathered. This outline gives a sense of the rhythm of a long weekend together. Nothing is fixed. Everything is held lightly.

Friday | Arriving & Settling In

Arrive in the late afternoon, around 5pm.

A warm welcome with drinks on arrival, time to settle into the house, meet the other guests and land gently.

Dinner is prepared by our personal chef and enjoyed together, followed by an easy evening of conversation, games, wine, tea or cacao.

Saturday | Exploring & Sharing

Breakfast at home.

We head out to explore highlights of the local area, including lunch out – nothing strenuous, just beautiful places, good food and time together.

Back at the house, an afternoon experience such as a wine tasting or something inspired by the place we're in.

In the evening, we prepare and cook dinner together – informal, collaborative and fun – followed by a cosy evening of games, a film, or simply being together.



Sunday | Depth & Delight

Breakfast at home.

We head out for a local walk – a chance to stretch, talk and enjoy the surroundings together.

Lunch in a nearby pub.

The afternoon may include a hosted experience – a talk, making something together, music, a special guest – or another short excursion, depending on the group and location.

Drinks before dinner, followed by dinner prepared by our personal chef.

The evening is unstructured: conversation, games, a film or quiet connection.

Monday | Closing & Departure

A final breakfast together.

A short walk, then time to say au revoir – with the option of an additional visit to a nearby town or city for those who wish.

Next Step

Unique & Exquisite House Parties are offered by invitation, or through a simple enquiry.

Numbers are intentionally small, and each gathering is carefully curated.

If this feels like something you'd enjoy, let me know and I'll share what's coming next

With love, light and grace

Karen



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